

Last updated April 25

If you are a student or employer looking for shorthand training, please see the list below to find a shorthand tutor in your area. Please contact the tutor directly for further information regarding fees, availability and method of tuition (many tutors offer individual, group or remote online sessions e.g. Zoom).

Some companies offering online or centre-based shorthand courses are also listed (this list is not exhaustive). Please see the linked company website for further information about the services offered.

If you are a **shorthand tutor** and would like to be included on our database you will need the following:

- Understanding of NCTJ shorthand exams
- A general teaching qualification (preferable) or;
- Applicable industry / practical use of Teeline
- A shorthand speed qualification

If you meet the above criteria, please do forward your CV to ellen.sanderson@nctj.com.

Please note: the NCTJ does not employ shorthand tutors directly and does not have a contractual agreement in place with the tutors (or companies) detailed on this list. Whilst the tutors on this list are not directly endorsed by the NCTJ, we do reserve the right to remove tutors from the list at our discretion. If you are searching for employment as a shorthand tutor, please refer to the [Accredited Courses](#) section of the website where you can obtain the details of NCTJ-accredited journalism course providers.

Shorthand courses

Let's Love Teeline Together (LLTT)

Website: <https://www.letsloveteeelinetogether.com/>

Email: admin@letsloveteeelinetogether.com

This popular free website and YouTube channel is produced by Jo Goodall and Rosalie Watts, both of whom are experienced shorthand tutors and have taught Teeline at NCTJ-accredited journalism centres. The course firstly aims to give the shorthand novice a foundation in Teeline theory - there is a series of 20 lessons for inexperienced learners. If you understand the theory and have got the basics, you can find a further series of lessons focused on speed development. These will help you to increase your speed from 60 words per minute (wpm) to 100 words per minute. For those learners preparing to sit an NCTJ shorthand exam, you can also find a succession of lessons focused on exam preparation, in addition to other learning resources.

Pitman Training

Tel: 01223 319419

Website: www.pitman-training.com

Learn online, at one of a range of centres or a combination of both. Several Teeline courses are available, from novice to professional.

Teeline Online

Website: www.teelineshorthand.org

Email: admin@teelineonline.co.uk

Learn online, in your own time and at your own pace with tutor support if required. Learn Teeline from scratch with a complete theory course, or refresh your skills with an improver's course. Private lessons via Zoom are also available.

Shorthand tutors

Tutors are grouped broadly by region for your convenience. However, many tutors are also able to offer remote online tuition. Please enquire directly with the tutor.

London

Angela Catto

Tel: 07785 788156 or 0208 876 2877

Email: angela_catto@hotmail.com

London and south west

Kate Charles

Tel: 0208 543 9186 or 07964 342133

Email: ccharles10@aol.com

London zone 1-3 and Surrey

Yohannes Lowe

Tel: 07788 660 583

Email: yohanneslowe73@gmail.com

London (all zones). Online sessions also available.

Mary Marc-Peterkin

Tel: 0208 508 3294

Email: dollina@btinternet.com

Up to Zone 1, within easy travelling by bus/underground train

Lizzy Millar

Tel: 07758646186

Email: lizzy@shorthandtraining.co.uk

London zones 1-3 and via online webinar.

Jane Murphy

Tel: 01634 615810 or 07752 537205

Email: jmurphytraining@aol.com

London, Kent, Essex/Surrey – close to the M25

Pyone O'Brien

Tel: 0771 4337881

Email: pyoneobrien@gmail.com

Central London, Greater London and Surrey. Also runs weekend courses in Richmond and Hammersmith

Bill Shaw

Tel: 07726 580093

Email: bill@billshaw.plus.com

London, able to travel a reasonable distance

Marilyn Somers

Tel: 01273 833987

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Email: marilyn.somers@virgin.net
London, Sussex and Surrey

Richard Ward
Tel: 020 3561 9770 or 07717 341006
Email: gemini65@sky.com
London

Rosalie Watts
Tel: 07508 340051
Email: rosalieswatts@gmail.com
London zones 1-3

Pitman Training London
Tel: 020 7256 6668
Email: shorthand@pitmanlondon.co.uk
London – EC2 (City) and W1W (West End)

Teeline Online
Website: www.teelineshorthand.org
Email: admin@teelineonline.co.uk
Online shorthand courses available, including one day masterclasses held in London. Please see above website.

Tracey Schapira
Tel: 07956 255 102
Email: tracey.schapira@sky.com
North London, Central London, Hertfordshire

Essex, Herts, Beds and Bucks

Mrs R I Crocombe
Tel: 01295 261638
Email: enquiries@bss.eclipse.co.uk
Oxfordshire, Northamptonshire and Warwickshire

Sarah Hocking
Tel: 07540694859
Email: sarahjanehocking@gmail.com
Berkshire, Bucks. Can also offer online tuition via Zoom.

Jenny Locke
Tel: 01992 468610 or 07709 741536
Email: jenny.locke@btinternet.com
Hertfordshire and Essex

Charlie Moloney
Tel: 07901 850 319
Email: charlie@charliemoloney.com
Berkshire, Bucks, Oxfordshire and Surrey. Remote tuition available.

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Jane Murphy

Tel: 01634 615810 or 07752 537205

Email: jmurphytraining@aol.com

London, Kent, Essex/Surrey – close to the M25

Jane Shardlow

Tel: 07740 371546

Email: shardlowj22@gmail.com

Hertfordshire, Bedfordshire and Cambridgeshire. Can also offer online distance tuition via Zoom

Tracey Schapira

Tel: 07956 255 102

Email: tracey.schapira@sky.com

North London, Central London, Hertfordshire

North

Christy Jade Biggar

Tel: 07821 885695

Email: [Christy @live.co.uk](mailto:Christy_live.co.uk)

North West – Wirral/Merseyside. Also online sessions via Zoom.

Janet Bowring

Tel: 0114 230 7570

Email: janet6002003@yahoo.co.uk

25 mile radius of Sheffield

Milica Budimir

Tel: 07812 183809

Email: milica.1972@yahoo.co.uk

Stoke-on-Trent. May travel to Midlands, Derbyshire, Nottinghamshire and North West.

Kaye Carl

Tel: 01142 366659

Email: furbycarlo@hotmail.co.uk

Sheffield - within reasonable travelling distance

Sam Cooper

Tel: 07951 072431

Email: sam.cooper90@yahoo.co.uk

Online tuition

Sandra Gingell

Tel: 01484 684797

Email: tamarisk33@talktalk.net

25 mile radius of Holmfirth, West Yorkshire

Susan Green

Tel: 07799 826361

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Email: suegr2000@yahoo.co.uk

Preston to Wigan area

Gillian Hodgson

Email: gillian.hodgson@btopenworld.com

South Lakes to Manchester area

Kate James

Tel: 07512 641976

Email: katereillyjames@gmail.com

Liverpool City Region, Merseyside, Wirral. Can also offer distance tuition via Zoom.

Luke Jarmyn

Tel: 07738 686320

Email: lukejarmyn68@hotmail.com

Cumbria and surrounding areas. Willing to travel further and offer online distance tuition on request

Dora Johnson

Tel: 0115 848 4188

Email: dora.johnson@ntu.ac.uk

Nottingham and surrounding areas

Terry Kirton

Tel: 01900 815936

Email: terence.kirton@btinternet.com

Cumbria

Susan Pickering

Tel: 0191 584 6233

Email: susan.pickering6@gmail.com

50 mile radius of Sunderland, including Durham, Tyneside, Teesside, North Yorkshire and Northumberland

Paul Thompson

Tel: 01457 859081 or 07751 691129

Email: paulthompson@sky.com

Derbyshire's High Peak, Tameside, Greater Manchester and nearby parts of Sheffield and Cheshire

Rosalie Watts

Tel: 07555240280

Email: rosaliesarwatts@gmail.com

East

Sarah Brown

Tel: 01553 767088 or 07984 047259

Email: Sarah.ibbetsonbrown@outlook.com

Norfolk, Suffolk and Cambridgeshire. Online tutorials via Zoom also offered.

Phyllis Maiden

Tel: 07593 263 822

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Email: phyllismaiden@yahoo.co.uk
Lincolnshire

Rhoda Morrison
Tel: 07712 634 813
Email: rhodafmorrison1@gmail.com
Suffolk, Cambridgeshire and Norfolk. Online distance tuition also offered.

Jane Shardlow
Tel: 07703 101021
Email: janeshardlow@yahoo.co.uk
Cambridgeshire, Bedfordshire and Hertfordshire. Can also offer online distance tuition via Zoom

Pitman Training Cambridge
Tel: 01223 319419
Email: cambridge@pitman-training.net
Cambridgeshire

South

Pat Aplin
Tel: 01305 266500 or 07968 089668
Email: pat.aplin@btinternet.com
Dorchester, Dorset

Sarah Booker-Lewis
Tel: 01273 693154 or 07968 563928
Email: sb_lewis@icloud.com
Sussex and West Kent

Sylvia Bennett
Tel: 01424 222170 or 07774 426946
Email: sylvia.bennett@learnshorthand.co.uk
Sussex and Kent

Kate Charles
Tel: 0208 543 9186 or 07964 342133
Email: ccharles10@aol.com
London zones 1-3 and Surrey

Joan Hooper
Tel: 07974 673380
Email: ljoan@btinternet.com
Cornwall, Plymouth and surrounding area

Nicki Jones
Tel: 07734526655
Email: nicki@jonesukltd.co.uk
East and West Sussex

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Ruth Lumley
Tel: 07545 537 681
Email: ruth.lumley@gmail.com
Brighton & Hove, East and West Sussex

Charlie Moloney
Tel: 07901 850 319
Email: charlie@charliemoloney.com
Berkshire, Bucks, Oxfordshire and Surrey. Remote tuition available.

Jane Murphy
Tel: 01614 615810 or 07752 537205
Email: jmurphytraining@aol.com
London, Kent, Essex/Surrey – close to the M25

Marilyn Somers
Tel: 01273 833987
Email: marilyn.somers@virgin.net
Sussex, Surrey and London

West (including Midlands)

Jeannette Bond
Email: jeannette@bond-tss.co.uk
Gloucestershire and the south-west

Mrs R I Crocombe
Tel: 01295 261638
Email: enquiries@bss.eclipse.co.uk
Oxfordshire, Northamptonshire and Warwickshire

Daphne Little
Tel: 01380 860296
Email: little2000@totalserve.co.uk
Wiltshire and parts of Somerset

Janet Poole
Tel: 07918 701205 or 01782 396525
Email: janetpoole2710@gmail.com
West Midlands, East Midlands, North West

Carol Tookey
Tel: 01386 870551
Email: carol@tookey.net
Evesham, Worcester, Stratford upon Avon, Redditch, Cheltenham, Birmingham, Solihull

Joan Ryder
Tel: 01384 394228 or 07800 596084
Email: joanryder24@btinternet.com
West Midlands, Worcestershire and Shropshire

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Central

Mary Boothroyd
Tel: 01572 756097 or 07919 100853
Email: mcboothroyd@btinternet.com
Rutland, Leicestershire – Zoom tutorials also available

Elizabeth Davies
Tel: 01536 771512
Email: edavies@tresham.ac.uk
Leicester area

Cornwall and Devon

Christine Burns
Tel: 07910 294586
Email: chris.burns12@btinternet.com

South-East Cornwall, South and Mid Devon

Fran McElhone
Tel: 07905 125822
Email: franmcelhone@gmail.com
East Devon – may be able to travel, please contact tutor for further details

Sue Norcross
Tel: 01326 573628
Email: sue.norcross@cornwall.ac.uk
West Cornwall – Camborne, Redruth, Penzance, Falmouth and Helston

Scotland

Charles Fletcher
Tel: 07774 405 279
Email: charles@caledoniamedia.scot
Glasgow, Edinburgh, Borders and West of Scotland

Donna MacAllister
Tel: 07818 569037 / 01667 451238
Email: donnamacallister@me.com
Nairn, Inverness and surrounding areas

Claire McCarthy
Tel: 07899 811389
Email: cjmccarthy@hotmail.co.uk
Tayside, Fife, Angus. Online sessions available for all candidates.

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Janette McCutcheon

Email: teelineshorthand@gmail.com

Tel: 07810 564299

Highland and Central Region. Online sessions available.

Wales

Cheryl Tootill

Tel: 01554 759599

Email: cheryltootill@gmail.com

South West Wales

Marlene Lewis

Tel: 07871 555092

Email: Marlene@ShorthandExpert.com

South Wales (Pencoed/Bridgend area)

Northern Ireland

Andrew Balfour

Tel: 07817 086006

Email: balfour-a1@ulster.ac.uk/andrewbalfourapril04@hotmail.com

Northern Ireland. Can offer Zoom sessions.