

## Find a shorthand tutor

If you are a student or employer looking for shorthand training, please refer to the below list to locate a shorthand tutor in your area.

Contact tutors directly for further information regarding fees, availability and method of tuition (many tutors are able to offer individual, group and remote online sessions e.g. Zoom).

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If you are a **shorthand tutor** and would like to be included on our database you will need the following:

- Understanding of NCTJ shorthand exams
- A general teaching qualification (preferable) or;
- Applicable industry / practical use of Teeline
- A shorthand speed qualification

If you meet the above criteria, please do forward your CV to [ellen.sanderson@nctj.com](mailto:ellen.sanderson@nctj.com)

**Please note:** the NCTJ does not employ shorthand tutors directly and does not have a contractual agreement in place with the tutors (or companies) detailed on this list. Whilst the tutors on this list are not directly endorsed by the NCTJ, we do reserve the right to remove tutors from the list at our discretion. If you are searching for employment as a shorthand tutor, please refer to the [find a course](#) section of the website where you can obtain the details of NCTJ-accredited journalism course providers.

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## Shorthand tutors

Tutors are grouped broadly by region for your convenience. However, many tutors are also able to offer remote online tuition. Please enquire directly with the tutor.

### Southern England (London, South East, South West)

Pat Aplin  
Tel: 01305 266500 or 07968 089668  
Email: [pat.aplin@btinternet.com](mailto:pat.aplin@btinternet.com)  
Dorchester, Dorset

June Beavers  
Tel: 01992 560445  
Email: [beaversjune@gmail.com](mailto:beaversjune@gmail.com)  
West Essex and London

Sylvia Bennett  
Tel: 01424 222170 or 07774 426946  
Email: [sylvia.bennett@learnshorthand.co.uk](mailto:sylvia.bennett@learnshorthand.co.uk)  
Sussex and Kent

Jeannette Bond  
Email: [jeannette@bond-tss.co.uk](mailto:jeannette@bond-tss.co.uk)  
Gloucestershire and the south-west

Sarah Booker-Lewis  
Tel: 01273 693154 or 07968 563928  
Email: [sb\\_lewis@icloud.com](mailto:sb_lewis@icloud.com)  
Sussex and West Kent

Christine Burns  
Tel: 07910 294586  
Email: [chris.burns12@btinternet.com](mailto:chris.burns12@btinternet.com)  
South-East Cornwall, South and Mid Devon

Angela Catto  
Tel: 07785 788156 or 0208 876 2877  
Email: [angela\\_catto@hotmail.com](mailto:angela_catto@hotmail.com)  
London and south west

Kate Charles  
Tel: 0208 543 9186 or 07964 342133  
Email: [ccharles10@aol.com](mailto:ccharles10@aol.com)  
London zone 1-3 and Surrey

Sue Hackett  
Tel: 07881 524015  
Email: [susanehackett@gmail.com](mailto:susanehackett@gmail.com)  
Hampshire, Dorset, Devon, Wiltshire, West Sussex, Online courses available

Joan Hooper  
Tel: 07974 673380  
Email: [ljoan@btinternet.com](mailto:ljoan@btinternet.com)  
Cornwall, Plymouth and surrounding area

Daphne Little  
Tel: 01380 860296  
Email: [little2000@totalserve.co.uk](mailto:little2000@totalserve.co.uk)  
Wiltshire and parts of Somerset

Jenny Locke  
Tel: 01992 468610 or 07709 741536  
Email: [jenny.locke@btinternet.com](mailto:jenny.locke@btinternet.com)  
Hertfordshire and Essex

Nicki Jones  
Tel: 01903 879525  
Email: [nicki@jonesukltd.co.uk](mailto:nicki@jonesukltd.co.uk)  
Sussex

Yohannes Lowe  
Tel: 07788 660 583  
Email: [yohanneslowe73@gmail.com](mailto:yohanneslowe73@gmail.com)  
London (all zones). Online sessions also available.

Ruth Lumley  
Tel: 07545 537 681  
Email: [ruth.lumley@gmail.com](mailto:ruth.lumley@gmail.com)  
Brighton & Hove, East and West Sussex

Mary Marc-Peterkin  
Tel: 0208 508 3294  
Email: [dollina@btinternet.com](mailto:dollina@btinternet.com)  
Up to Zone 1, within easy travelling by bus/underground train

Cherry Matthey  
Tel: 0208 669 9794  
Email: [cmatthey@yahoo.co.uk](mailto:cmatthey@yahoo.co.uk)  
London, Surrey, Kent and Sussex

Fran McElhone  
Tel: 07905 125822  
Email: [franmcelhone@gmail.com](mailto:franmcelhone@gmail.com)  
East Devon – may be able to travel, please contact tutor for further details

Lizzy Millar  
Tel: 07758646186  
Email: [lizzy@shorthandtraining.co.uk](mailto:lizzy@shorthandtraining.co.uk)  
London zones 1-3 and via online webinar.

Charlie Moloney  
Tel: 07901 850 319  
Email: [charlie@charliemoloney.com](mailto:charlie@charliemoloney.com)  
Berkshire, Bucks, Oxfordshire and Surrey. Remote tuition available.

Jane Murphy  
Tel: 01634 615810 or 07752 537205  
Email: [jmurphytraining@aol.com](mailto:jmurphytraining@aol.com)  
London, Kent, Essex/Surrey – close to the M25

Sue Norcross  
Tel: 01326 573628  
Email: [sue.norcross@cornwall.ac.uk](mailto:sue.norcross@cornwall.ac.uk)  
West Cornwall – Camborne, Redruth, Penzance, Falmouth and Helston

Pyone O'Brien  
Tel: 0771 4337881  
Email: [pyoneobrien@gmail.com](mailto:pyoneobrien@gmail.com)  
Central London, Greater London and Surrey. Also runs weekend courses in Richmond and Hammersmith

Tracey Schapira  
Tel: 07956 255 102  
Email: [tracey.schapira@sky.com](mailto:tracey.schapira@sky.com)  
North London, Central London, Hertfordshire

Bill Shaw  
Tel: 07726 580093  
Email: [bill@billshaw.plus.com](mailto:bill@billshaw.plus.com)  
London, able to travel a reasonable distance

Marilyn Somers  
Tel: 01273 833987  
Email: [marilyn.somers@virgin.net](mailto:marilyn.somers@virgin.net)  
London, Sussex and Surrey

Richard Ward  
Tel: 020 3561 9770 or 07717 341006  
Email: [gemini65@sky.com](mailto:gemini65@sky.com)  
London

Rosalie Watts  
Tel: 07508 340051  
Email: [rosalieswatts@gmail.com](mailto:rosalieswatts@gmail.com)  
London zones 1-3

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### **Central England**

Sarah Brown  
Tel: 01553 767088 or 07984 047259  
Email: [Sarah.ibbetsonbrown@outlook.com](mailto:Sarah.ibbetsonbrown@outlook.com)  
Norfolk, Suffolk and Cambridgeshire. Online tutorials via Zoom also offered.

Mary Boothroyd  
Tel: 01572 756097 or 07919 100853  
Email: [mary.boothroyd@yahoo.co.uk](mailto:mary.boothroyd@yahoo.co.uk)  
Approx. 25 mile radius from Oakham, Rutland

Milica Budimir  
Tel: 07812 183809  
Email: [milica.1972@yahoo.co.uk](mailto:milica.1972@yahoo.co.uk)  
Stoke-on-Trent. May travel to Midlands, Derbyshire, Nottinghamshire and North West.

Rona Crocombe  
Tel: 01295 261638  
Email: [enquiries@bss.eclipse.co.uk](mailto:enquiries@bss.eclipse.co.uk)  
Oxfordshire, Northamptonshire and Warwickshire

Elizabeth Davies  
Tel: 01536 771512  
Email: [edavies@tresham.ac.uk](mailto:edavies@tresham.ac.uk)  
Leicester area

Dora Johnson  
Tel: 0115 848 4188  
Email: [dora.johnson@ntu.ac.uk](mailto:dora.johnson@ntu.ac.uk)  
Nottingham and surrounding areas

Janette McCutcheon  
Email: [teelineshorthand@gmail.com](mailto:teelineshorthand@gmail.com)  
Gloucester, Cheltenham, Forest of Dean, Ross on Wye, Monmouthshire and surrounding areas. Also offer online sessions via Zoom anywhere in the UK

Rhoda Morrison  
Tel: 07712 634 813  
Email: [rhodafmorrison1@gmail.com](mailto:rhodafmorrison1@gmail.com)  
Suffolk, Cambridgeshire and Norfolk. Online distance tuition also offered.

Janet Poole  
Tel: 07918 701205 or 01782 396525

Email: [janetpoole2710@gmail.com](mailto:janetpoole2710@gmail.com)  
West Midlands, East Midlands, North West

Joan Ryder  
Tel: 01384 394228 or 07800 596084  
Email: [joanryder24@btinternet.com](mailto:joanryder24@btinternet.com)  
West Midlands, Worcestershire and Shropshire

Jane Shardlow  
Tel: 07703 101021  
Email: [janeshardlow@yahoo.co.uk](mailto:janeshardlow@yahoo.co.uk)  
Cambridgeshire, Bedfordshire and Hertfordshire. Can also offer online distance tuition via Zoom

Carol Tookey  
Tel: 01386 870551  
Email: [carol@tookey.net](mailto:carol@tookey.net)  
Evesham, Worcester, Stratford upon Avon, Redditch, Cheltenham, Birmingham, Solihull

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### **Northern England**

Christy Jade Biggar  
Tel: 07821 885695  
Email: [Christy\\_live.co.uk](mailto:Christy_live.co.uk)  
North West – Wirral/Merseyside. Also online sessions via Zoom.

Janet Bowring  
Tel: 0114 230 7570  
Email: [janet6002003@yahoo.co.uk](mailto:janet6002003@yahoo.co.uk)  
25 mile radius of Sheffield

Kaye Carl  
Tel: 01142 366659  
Email: [furbycarlo@hotmail.co.uk](mailto:furbycarlo@hotmail.co.uk)  
Sheffield - within reasonable travelling distance

Sam Cooper  
Tel: 07951 072431  
Email: [sam.cooper90@yahoo.co.uk](mailto:sam.cooper90@yahoo.co.uk)  
Online tuition

Sandra Gingell  
Tel: 01484 684797  
Email: [tamarisk33@talktalk.net](mailto:tamarisk33@talktalk.net)  
25 mile radius of Holmfirth, West Yorkshire

Susan Green  
Tel: 07799 826361  
Email: [suegr2000@yahoo.co.uk](mailto:suegr2000@yahoo.co.uk)  
Preston to Wigan area

Gillian Hodgson  
Email: [gillian.hodgson@btopenworld.com](mailto:gillian.hodgson@btopenworld.com)  
South Lakes to Manchester area

Luke Jarmyn

Tel: 07738 686320

Email: [lukejarmyn68@hotmail.com](mailto:lukejarmyn68@hotmail.com)

Cumbria and surrounding areas. Willing to travel further and offer online distance tuition on request

Terry Kirton

Tel: 01900 815936

Email: [terence.kirton@btinternet.com](mailto:terence.kirton@btinternet.com)

Cumbria

Susan Pickering

Tel: 0191 584 6233

Email: [susan.pickering6@gmail.com](mailto:susan.pickering6@gmail.com)

50 mile radius of Sunderland, including Durham, Tyneside, Teesside, North Yorkshire and Northumberland

Pauline Sandor

Tel: 01670 519906

Email: [paulinesandor@yahoo.co.uk](mailto:paulinesandor@yahoo.co.uk)

Northumberland, Newcastle and surrounding areas including Morpeth, Blyth and Ponteland. Willing to travel further on request

Paul Thompson

Tel: 01457 859081 or 07751 691129

Email: [paulthompson@sky.com](mailto:paulthompson@sky.com)

Derbyshire's High Peak, Tameside, Greater Manchester and nearby parts of Sheffield and Cheshire

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## **Scotland**

Charles Fletcher

Tel: 07774 405 279

Email: [charles@caledoniamedia.scot](mailto:charles@caledoniamedia.scot)

Glasgow, Edinburgh, Borders and West of Scotland

Donna MacAllister

Tel: 07818 569037 / 01667 451238

Email: [donnamacallister@me.com](mailto:donnamacallister@me.com)

Nairn, Inverness and surrounding areas

Claire McCarthy

Tel: 07899 811389

Email: [cjmccarthy@hotmail.co.uk](mailto:cjmccarthy@hotmail.co.uk)

Tayside, Fife, Angus and M8 corridor

Janette McCutcheon

Email: [teelineshorthand@gmail.com](mailto:teelineshorthand@gmail.com)

Gloucester, Cheltenham, Forest of Dean, Ross on Wye, Monmouthshire and surrounding areas. Also offer online sessions via Zoom anywhere in the UK

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## **Wales**

Cheryl Tootill  
Tel: 01554 759599  
Email: [cheryltootill@gmail.com](mailto:cheryltootill@gmail.com)  
South West Wales

Marlene Lewis  
Tel: 07871 555092  
Email: [Marlene@ShorthandExpert.com](mailto:Marlene@ShorthandExpert.com)  
South Wales (Pencoed/Bridgend area)

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## **Shorthand courses**

Pitman Training  
Tel: 01223 319419  
Website: [www.pitman-training.com](http://www.pitman-training.com)  
Learn online, at one of a range of centres or a combination of both. Several Teeline courses are available, from novice to professional.

Teeline Online  
Website: [www.teelineshorthand.org](http://www.teelineshorthand.org)  
Email: [admin@teelineonline.co.uk](mailto:admin@teelineonline.co.uk)  
Learn online, in your own time and at your own pace with tutor support if required. Learn Teeline from scratch with a complete theory course, or refresh your skills with an improvers course. Private lessons via Zoom are also available.